

# KRISTIN A. ROYNESDAL, MS

FREELANCE MEDICAL EDITOR

## SUMMARY

As a professional editor, I help biomedical companies and organizations develop clear, correct content that lets science shine.

## SKILLS

- Scientific Editing
- Medical Writing
- Fact Checking
- AMA Manual of Style
- FDA Regulations

## CONTENT TYPES

- Journal Articles
- Study Protocols
- Case Reports
- Slide Decks
- Video/Audio Scripts
- Continuing Education
- Patient Education
- Meeting Summaries

## THERAPEUTIC AREAS

- Cardiology
- Endocrinology
- Gastroenterology
- Hepatology
- Infectious Disease
- Oncology

## CONTACT

- ☎ (434) 234-4498
- ✉ kristin@virginiaeditor.com
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## WORK EXPERIENCE

- **Owner, Medical Writer-Editor**  
KLARITAS Media (2014–present)  
*Helped 200+ authors and organizations develop more than 400 high-quality scientific/medical materials*
- **Clinical Research Coordinator**  
Brigham and Women's Hospital (2013)  
*Managed 30+ study sites for a global clinical trial*
- **Clinical Research Assistant**  
Harvard School of Public Health (2013)  
*Recruited, enrolled, and interviewed study participants*
- **Graduate Research Assistant**  
Tufts University (2010–2012)  
*Identified molecular biomarkers to measure the effects of diet on inflammation and disease*
- **SAT Prep Tutor**  
Independent Contractor (2009–2012)
- **Veterinary Technician** (1000 hours)  
*Assisted 10 veterinarians in providing care to animals at 4 clinics from 2006 to 2009*
- **Laboratory Animal Research Assistant**  
Davidson College (2005–2009)

## EDUCATION

- **American Medical Writers Association**  
*Essential Skills Certificate* (2016–2018)
- **Tufts University** (2010–2014) | Boston, MA  
M.S., Biochemical & Molecular Nutrition  
*Concentration: Health Communications*
- **Davidson College** (2005–2009) | Davidson, NC  
B.S., Biology with a minor in Chemistry  
*Senior Project: Feline Hepatic Lipidosis*

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## JOURNALS

Manuscripts I've edited have been published in the following journals:

- **American Journal of Cancer Research**
- **Anesthesia & Analgesia**
- **Annals of Surgery**
- **Brain, Behavior, & Immunity**
- **Cell Death & Disease**
- **Clinical Lung Cancer**
- **Critical Care**
- **Diabetes, Obesity, & Metabolism**
- **EBioMedicine**
- **Frontiers in Immunology**
- **Gastrointestinal Endoscopy**
- **Heliobacter**
- **Hepatology International**
- **Journal of Clinical Oncology**
- **Journal of Molecular & Cellular Cardiology**
- **Journal of Pathology**
- **Oncology Reports**
- **Scientific Reports**
- **Transplantation**

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## PROJECT LIST

Below is a sample of topics I've worked on (2017-2020):

### **Cardiology & Cardiovascular Science**

Warning signs of postpartum hemorrhage  
Postural orthostatic tachycardia syndrome  
Right axillary thoracotomy for congenital heart defects  
Rivaroxaban use in older adults with pulmonary embolism  
Contrast-induced nephropathy after coronary angiography

### **Endocrinology & Metabolism**

Clinical outcomes of a diabetes self-management program  
Diabetes and perfluorinated compound exposure  
Genetic analysis of families with congenital hypothyroidism  
CYP11B1 mutations causing 11B-hydroxylase deficiency

### **Gastroenterology & Hepatology**

Intestinal mucosal barrier and gut microbiota  
Gastric vs. postpyloric nutrition in older adults  
MRI guidelines for hepatocellular carcinoma diagnosis  
Liver transplantation outcomes in primary biliary cirrhosis  
Infrarenal vs. supraceliac aorto-hepatic arterial revascularization

### **Microbiology & Infectious Disease**

Genetic elements of antimicrobial resistance  
Antimicrobial resistance in Mexico in the last decade  
Biomarkers of antibiotic resistance in ESKAPE pathogens  
Virulence factors of *Clostridioides difficile* and recurrence  
*Stenotrophomonas maltophilia* biofilm in infectious disease

### **Oncology & Cancer Biology**

MMP-9 expression and gastric cancer risk  
Lipid metabolism and aromatase inhibitors  
PSAT1 overexpression in epithelial ovarian cancer  
Quality of life in cancer survivors with neurotoxicity  
Circulating tumor DNA predicts treatment response and resistance in patients with Hodgkin lymphoma

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As a professional editor, I help biomedical companies and organizations develop clear, correct content that lets science shine.

## SERVICES

### Scientific Editing

Substantive Editing  
Stylistic Editing  
Copy Editing  
Fact Checking  
Reference Review

### Medical Writing

Literature Reviews  
Needs Assessments  
Case Reports  
Patient Education  
Meeting Summaries

## MEMBERSHIPS



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## TESTIMONIALS

*Kristin greatly improved the manuscript and helped me improve my writing. I highly recommend [her].*

— **Medical Microbiologist, University of Nuevo León, Mexico**

*Kristin, you are my hero!*

— **Physicist, University of Bergen, Norway**

*Kristin did an amazing job. She did everything I asked and more and [gave] some great personal feedback. I would recommend her to everyone.*

— **Educational Scientist, University of Amsterdam, Netherlands**

*Highly recommend Kristin to edit medical-related work.*

— **Medical Geneticist, University of Birmingham, UK**

*I want to express my deep gratitude for the care and thought you put into editing my doctoral proposal. Your feedback was supportive, corrective, and incredibly helpful.*

— **Professor, Nursing, Collin College, Texas, USA**

*Kristin [gave] comprehensive feedback on my thesis draft. I definitely will [ask] for her help next time I need [an editor].*

— **Scientist, Institute of Molecular Biology, Germany**

*Thank you so much for editing my paper! I have learned a lot from your feedback. The readability of the paper improved so much, just like my previous [one]. Thank you for editing so clearly and thoroughly.*

— **Scientific Collaborator, National Institute for Public Health and the Environment, Utrecht, Netherlands**

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## LEVELS OF EDITING

*Check the editorial tasks that apply to your project*

**Substantive Editing:** To assess and shape draft material to improve its organization and content (~75% complete).

- Clarify the purpose and takeaway message
- Reorganize or condense sections and paragraphs
- Suggest adding, reorganizing, or deleting material
- Check for adherence to reporting guidelines (eg, CONSORT)
- Recast or revise material for another medium

**Stylistic Editing:** To clarify meaning, ensure coherence and flow, and refine the language (~95% complete).

- Break up or reorganize sentences to clarify complex science
- Reword awkward or wordy phrasing to improve readability
- Reduce unnecessary jargon and passive construction
- Maintain a reading level appropriate for the audience, medium, and purpose
- Query biased language or inappropriate tone

**Copy Editing:** To ensure correctness, accuracy, consistency, and completeness (~95% complete).

- Correct errors and inconsistencies in grammar (verb tense, subject-verb agreement, sentence structure), word usage, abbreviation usage, capitalization, spelling, and punctuation
  - Adhere to the following dictionary: \_\_\_\_\_
- Query/remove inconsistencies in style or content
  - Adhere to the following style guide: \_\_\_\_\_
  - Develop a style sheet to track editorial decisions
- Maintain consistency across figures, tables, and lists
- Correct/query facts and ambiguities to check for accuracy
- Check front/back matter, cross-references, and links
- Check for copyright/permissions

**Fact Checking:** Check the accuracy of facts and quotes by referring to the writer's sources.

**Reference Review:** Check references and citations for consistency, completeness, relevancy, and recency.

\*Defined according to [Editors Canada's Professional Editorial Standards](#) with some modifications.